

HEARTBEAT

Heartbeat 2015

"Every woman who spoke at the Heartbeat 2015 event is such a special Angel of God and an inspiration to ALL woman out there!"

This was a comment posted on the Real Women Real Life (RWRL) Facebook page shortly after the Heartbeat 2015 event that was held in June at Choose Life Church, Moreleta Park, Pretoria. This sentiment was shared by hundreds of women who attended the event and who were part of the live studio audience.

The RWRL lifestyle talk show is hosted by Tracy Tredrea and is broadcast weekly, not only in South Africa, but across Africa and internationally. Tracy uses this platform to explore inspiring stories of hope, victory and joy, challenging women to reach new levels of personal growth and to make a difference in their lives and in the lives of others. Her message to women is: "You are valuable. You are precious. You are destined for greatness! Irrespective of what life has thrown at you, you can be victorious and live a life of abundance."

In true Oprah-style, Heartbeat 2015 was recorded in front of a live studio audience for the second time ever. Members of the audience were treated to gifts and give-aways, snacks and refreshments, and, of course, special guests who were 'Angels of God', as quoted by a Facebook fan. These 'Angels of God' were Leanne Dlamini, Lyndie McCauley, Jenny Roebert and Vanessa Goosen.

Leanne Dlamini captured everyone's hearts with her breath-taking opening of the 2015 Heartbeat event and ended off with a powerful upbeat song that had everyone up on their feet, dancing. Pastor Lyndie McCauley delivered a powerful message on how to make God your anchor, despite life's challenges. Jenny Roebert, in true energetic and enthusiastic Jenny-style, gave an inspiring word on the value that lies within the Word of God and how it can activate you to pursue your calling.

Vanessa Goosen, who was imprisoned when she was just three months pregnant and spent 16 years in a prison in Thailand, gave an astounding testimony on how, despite a death sentence, she started ministering to mothers in prison. Vanessa is the epitome of a courageous woman who is filled with God's grace and love.

Through RWRL, Tracy is making an incredible difference to the lives of women who watch her talk show. Tracy is truly blessed in so many ways. She is a strong, beautiful woman, inside and out, with an amazingly supportive husband and two gorgeous children. Tracy has taken her blessings and God-given strengths and is using them to bless other women, who need strength, support and inspiration, through her talk show.

Tracy had this to say a few days after the event: *"Still standing in awe of what God did on Saturday at Heartbeat 2015! What a time of powerful words from such women of faith! Heartbeat was an event that will change lives forever. Daughters of the King are ready to fight for their calling. What a blessing! A personal thank you to every woman who attended and was part of the audience! You make me smile every time I think of you! With so much love to you from a heart very full...lots of love Tracy."*

An Angel of God, indeed! ✦

