## GIVEAWAYS



25 QUESTIONS YOU'RE AFRAID TO ASK ABOUT LOVE, SEX AND INTIMACY

SMS the keyword -"Questions" followed by your name and address to 32697 to enter.\*

Whether you are married or single, having great sex or no sex, your sexuality is inseparable from your spirituality.

Many Christian women are confused and even devastated by the area of sexuality. In the silence of the church, they are left to sort through harrowing experiences like sexual abuse, exposure to porn, raging temptation, homosexual thoughts, and betrayal in marriage—all on their own. Having nowhere to go to ask the hard questions about sexuality can be spiritually dangerous. Women need the truth.

In 25 Questions You're Afraid to Ask About Love, Sex, and Intimacy, Dr. Juli Slattery addresses some of the most common questions women have on sexuality from a biblical perspective, such as:

- What if I don't like sex?
- If I'm single, how far is too far?
- Is \_\_\_ok in the bedroom?
  How do I get past my shame?
- What if I want sex more than my husband does?

These are the type of questions that thousands of women have been asking Dr. Slattery. She answers them with rare candor, grace, and wisdom.

We desperately need God's perspective on sexuality. And fortunately, the Bible has a lot to say on the topic. Some of it might surprise you.



HOW TO HAVE THAT DIFFICULT CONVERSATION

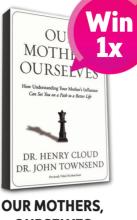
SMS the keyword -"Difficult" followed by your name and address to 32697 to enter.\*

Successful people confront well. They know that setting healthy boundaries improves relationships and can solve important problems. They have discovered that uncomfortable situations can be avoided or resolved through direct conversation. But most of us don't know how to have difficult conversations, and we see confrontation as scary or adversarial.

Authors Henry Cloud and John Townsend take the principles from their bestselling book, Boundaries, and apply them to a variety of the most common difficult situations and relationships in order to:

- Show how healthy confrontation can improve relationships
- Present the essentials of a good boundary-setting conversation
- Provide tips on preparing for the conversation
- Show how to tell people what you want, stop bad behaviour, and deal with counterattack
- Give actual examples of conversations to have with your spouse, your date, your kids, your co-worker, your parents, and more!

Full of practical tips and howtos, this book will help you make your relationships better, deepen your intimacy with people you care for, and cultivate more love, understanding, and respect between you and others.



# OURSELVES Dr Henry Cloud and Dr

SMS the keyword -"Mothers" followed by your name and address to **32697** to enter,\*

No one has influenced the person you are today like your mother. The way she handled your needs as a child has shaped your worldview, your relationships, your marriage, your career, your self-image—your life. Our Mothers, Ourselves can help you identify areas that need reshaping, to make positive choices for personal change, and to establish a mature relationship with Mom today.

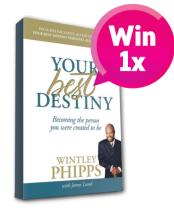
Drs. Henry Cloud and John Townsend steer you down a path of discovery and growth beyond the effects of six common mom types:

- The Phantom Mom
- The China Doll Mom
- The Controlling Mom
- The Trophy Mom
- The Still-the-Boss Mom
- The American Express Mom

You'll learn how your mom affected you as a child and may still be affecting you today. And you'll find a realistic and empowering approach to filling your unmet mothering needs in healthy, lifechanging ways through other people.

*Our Mothers, Ourselves* is a biblical route to wholeness and growth, to deeper and more satisfying bonds with your family, friends, and spouse—and to a new, healthier way of relating to your mother today.

Giveaways courtesy of Christian Art Distributors



### YOUR BEST DESTINY Wintley Phipps with James Lund

**SMS** the keyword -**"Best"** followed by your name and address to **32697** to enter.\*

When you imagine what it would take for your life to be truly great—for you to become your best, most fulfilled self—do you dream of something more than what you have now? More money...more attention ... more significance? What you may be missing is the one thing that actually gives your life ultimate value, meaning, and purpose.

Your Best Destiny helps you find it through a highly insightful personal assessment tool that will reveal eight keys God has placed deep within you to unlock your true character and help you become who you were born to be.

In this rich and encouraging book, Wintley Phipps-pastor, recording artist, and founder of the U.S. Dream Academy, the organization Oprah Winfrey honored with the Oprah Winfrey Angel Network "Use Your Life" Award-shares what he has learned (sometimes the hard way) about what it takes to become "the best me I can be." Join him as he leads you on a path to change your focus from what you have and do to who you are. Start today on the path to a truly great life, and step into your God-given destiny. (Includes an access code to the Your Best Destiny Personal Assessment Tool to reveal your personal strengths and areas for growth.)

> CHRISTIAN ART DISTRIBUTORS



THE END OF ME Kyle Idleman

**SMS** the keyword -**"End"** followed by your name and address to **32697** to enter.\*

Are you sometimes perplexed with Jesus's teaching? Do you really want what he wants? Bestselling author Kyle Idleman reveals that the key to the abundant life Jesus promised lies in embracing His inside-out way of life.

As he examines Jesus's Sermon on the Mount, Kyle unpacks the many counter-intuitive truths, including: brokenness is the way to wholeness, mourning is the path to blessing, and emptiness is required in order to know true fullness. Ultimately you will discover how Jesus transforms you as you begin to live out these paradoxical principles. Because only when you come to the end of yourself can you begin to experience the full, blessed, and whole life Jesus offers.



Ann Spangler

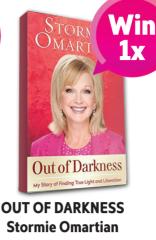
**SMS** the keyword -**"Wicked"** followed by your name and address to **32697** to enter. \*

What can Jezebel, the Bible's most devious queen, reveal about God's holiness and power and even about his sense of humor? What about the woman at the Well—the one with five husbands and a live-in lover? And what of the prostitute whose tears bathe the feet of Jesus in front of people who despise her?

There are also "wicked good" women like Deborah, Ruth, Hannah, Abigail, Esther, Mary, and more. What do their lives tell us about God's invincible love and his determined plan to save us?

In Wicked Women of the Bible Ann Spangler tells the stories of twenty wicked and "wicked good" women in greater detail. At the end of each story, Ann provides a brief section including additional historical and cultural background as well as a brief Bible study in order to enhance the book's appeal to both individuals and groups.

The stories of these women of the Bible reveal a God who is not above it all but who stoops down to meet us where we are in order to extend his love and mercy.



**SMS** the keyword -**"Darkness"** followed by your name and address to **32697** to enter.\*

Stormie tells her compelling story of a childhood marred by physical and emotional abuse that eventually led her into the occult, drugs, and tragic relationships.

Finding herself overwhelmed by fear and on the verge of suicide, she shares the turning point that changed her life and reveals the healing process that brought freedom and wholeness beyond what she ever imagined.

In this poignant drama, there is help and hope for anyone who has been scarred by the past or feels imprisoned by deep emotional needs. It is a glorious story of how God can bring life out of death, life out of darkness.

Stormie wrote about some of the things that happened during the first thirty-five years of her life in a book called STORMIE that was published in 1986. The following thirty-seven years after that point to the present day, is all new, much of which she has not spoken about publicly before. She feels the entire story should be told in order to prove that once you recognize the darkness for what it is, it is possible to walk out of it and in to the light for the rest of your life.



### THE ENTITLEMENT CURE Dr John Townsend

**SMS** the keyword -"**Cure**" followed by your name and address to **32697** to enter.\*

Finding Success In Doing Hard Things the Right Way

Today we live and work in a culture that says, "My life should be easy and work well for me." This attitude of entitlement influences our most important institutions: family, business, church, and government.

It comes down to this: People are not getting to where they want to go, because they don't know how to do life the Hard Way. Their entitlement keeps them from tackling challenges and finding success.

This book provides principles and tools for change. It teaches people the skills of learning to tackle and resolve matters that are difficult, rather than avoiding them, giving up too quickly, or hoping someone else will do it for them. The habits gleaned from this book will lead to success in the reader's relationships, finances, self-care, and work.

\* SMS cost R1.50 per entry. Competition opens on 1 April 2016 and closes 31 May 2016 and is open to SA Residents only.

#### **COMPETITION RULES:**

There is no limit to the amount of entries by any person. Each SMS received is automatically put into the draw which will take place on the first Friday of the new calendar month. No single person may receive a free giveaway in three consecutive months. No employees of the River Corporation or its affiliates are eligible to receive any of the prizes through the SMS line. The prize winners will be published in myFaith Magazine and prizes will be posted free of charge. No correspondence will be entered into at all with any of the entrants concerning the awarding of prizes.